TAKE A BOUGH

HOLIDAY TREE AUCTION TO BENEFIT WPBDF

16 NOVEMBER 2024

RED FOX WINERY AND LOUNGE
80 RED FOX ROAD
HICKORY, PA 15340

EVENT GUIDE



THE PROCEEDS RAISED AT THIS EVENT SUPPORT THE WESTERN PENNSYLVANIA BLEEDING DISORDERS FOUNDATION.

WPBDF
Western Pennsylvania
Bleeding Disorders Foundation

WELCOME!



Hello and welcome to Take A Bough!

We are so happy you are joining us for the evening at Red Fox Winery or participating in the auction online. On behalf of the Take A Bough planning committee, we would like to extend a sincere thank you to everyone supporting WPBDF through this event. Because of your support, the Western Pennsylvania Bleeding Disorders Foundation (WPBDF) can continue raising awareness for bleeding disorders through events like this as well as provide important resources to affected families and patients throughout Western PA.

All the items in the auction tonight include amazing added value gifts, such as gift cards, toys, and hotel stays. Be sure to read the description of each item because it will let you know what added value item you might win! Throughout the night, you will have even more chances to win by taking part in our many raffles or playing one of our fun games. You will have the opportunity to learn more about bleeding disorders, WPBDF, and our Women, Girls, and Persons with the Potential to Menstruate Initiative (WGPPM). We would like to give a special thank you to the Natrona Bottling Company for sponsoring our Soda Pull and Bryan P. Keenan & Associates for sponsoring our game prizes. When you bid, play, or donate, you are making a difference! Your support will provide education, support groups, and patient assistance to our members in need – all at no cost to them!

Tonight, we are honored to recognize three important individuals within our community with the Spirit of Philanthropy Award, the Advocate of the Year Award, and the Impact Award. These individuals work tirelessly to support and advance the bleeding disorders community. Additionally, we are thrilled to highlight and recognize the accomplishments of our Women, Girls, and Persons with the Potential to Menstruate Initiative (WGPPM) along with the key volunteers who made this project a success. Please take a moment to learn more about all our awardees starting on page 5.

We would like to thank our generous sponsors for their support of Take A Bough as well as the many community businesses that donated items to the auction. Thank you to all our amazing volunteers for collecting and crafting auction items, selling tickets, and running this event. We could not have done it without you!

Thank you for attending Take A Bough tonight and helping to create a better world for those affected by bleeding disorders. You have truly made a difference in this community. Please enjoy your evening and we hope each and every one of you go home a winner tonight!

Thank you,

2024 Take A Bough Planning Committee



THANK YOU

TO THE 2024 TAKE A BOUGH PLANNING COMMITTEE



WPBDF would like to extend a heartfelt thanks to those who dedicated their time and expertise to plan this beloved event. This committee worked tirelessly to secure donations and sponsorships, sell tickets, and organize this year's auction. Thank you to each and everyone of our committee members!



Kara Dornish
WPBDF Executive Director



Janet Barone
WPBDF Program Director



Jessica Lee
WPBDF Development Director



Melinda Perry-Stern



Maria Shoemaker



Maria Steele Voms Stein



Laureen Temple



EVENT INFO



TAKE A BOUGH
HOLIDAY TREE AUCTION TO BENEFIT WPBDF

When:
Saturday, November 16, 2024
Doors open at 5:30 PM

Where:
Red Fox Winery
80 Red Fox Road
Hickory, PA 15340

What to Bring:

- Mobile device for bidding.
- Cash for raffles and games. All raffles and games are **cash only.**
- Your ugliest holiday sweater.

Scan this code to donate to the Western Pennsylvania Bleeding Disorders Foundation! or visit wpbdf.org/donations/

SCHEDULE OF EVENTS

5:30 PM	Doors open. Check-in, dinner buffet, games, and raffle ticket sales begin. Santa arrives!
6:00 PM	Reverse Raffle begins.
7:00 PM	WPBDF Presentation and Awards Ceremony.
7:30 PM	Final Remarks & Ugly Sweater Parade
8:00 PM	Auction Closes. Check-out, raffle basket tickets pulled, Ugly Sweater Winner Announced.



AWARDEES

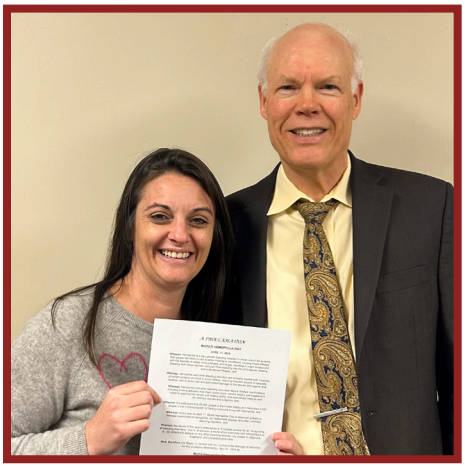


CLAIRE MURPHY

Women, Girls, and Persons with the Potential To Menstruate Initiative

Claire is an extraordinary volunteer whose contributions have significantly impacted our community. Alongside her mom, she has delivered period packs, nosebleed kits, and vital resources to every school district in Allegheny County, effectively raising awareness about bleeding disorders. As someone who lives with a bleeding disorder herself, Claire is especially passionate about helping other women facing similar challenges. By providing essential resources to school nurses, she helps to enhance awareness and facilitate early diagnosis for women, girls, and people with the potential to menstruate who have bleeding disorders.

As an Advocacy Ambassador, Claire has played a crucial role in advancing our mission to ensure access to care for individuals with bleeding disorders. Her leadership shines as she advocates for legislative support and sheds light on the challenges faced by those in our community. Claire's passion, empathy, and determination are genuinely inspiring, and we are immensely grateful for all that she does.



MELINDA PERRY-STERN

Spirit of Philanthropy Award

We are truly honored to present Mindy with the Spirit of Philanthropy Award, celebrating her extraordinary commitment to our community. Mindy's passion is contagious; she inspires her friends, family, and everyone she meets to support and donate to the Western Pennsylvania Bleeding Disorders Foundation. As a dedicated board member and fundraising chair, she pours countless hours into ensuring our fundraising events thrive.

Mindy consistently ranks as a top fundraiser for the Unite for Bleeding Disorders Walk, and her vision helped revitalize the Take A Bough Fundraiser, bringing renewed energy and purpose to our efforts. Her work is deeply personal—driven by her love for her son, who has hemophilia. Every initiative she undertakes is infused with her heartfelt desire to make a difference for others facing similar challenges.

Through her inspiring leadership and determination, Mindy has profoundly impacted our organization and the families we serve. We truly couldn't do this without her, and we are deeply grateful for her selfless contributions. Mindy embodies the spirit of philanthropy, and it is with immense appreciation that we recognize her today!

AWARDEES
CONTINUED





DEXTER SHOEMAKER
Impact Award

We are thrilled to present the Impact Award to Dexter Shoemaker for his inspiring commitment to advocacy. His experience at the WPBDF's Education Weekend ignited a passion for understanding government processes and advocating for the bleeding disorders community. After attending an advocacy training and becoming an Advocacy Ambassador, Dexter confidently participated in meetings with legislators, engaging with representatives and absorbing valuable lessons about the importance of storytelling in advocacy.

Inspired by his mother, who has been a guiding force on his journey, Dexter understands the importance of empowering teenagers to learn about advocacy. His dedication to continuing this important work highlights his potential to create lasting change. We are excited to honor his enthusiasm and commitment with this well-deserved award.



MARIA SHOEMAKER
Advocate of the Year

Maria has gone above and beyond in her volunteer work and advocacy. She has dedicated her time to the Unite for Bleeding Disorders Walk, even dyeing her hair rainbow to raise funds for the Foundation. As a member of the Take A Bough Committee and Treasurer of the Foundation's Board of Directors, she has led creative initiatives and leveraged her skills to ensure the Foundation's financial stability.

After facing a copay maximizer with her insurance last year, Maria transformed her experience into a powerful educational tool, informing both the community and legislators. She has appeared on Pittsburgh Action News, written numerous op-eds, and shared her story in an educational video project by Believe Limited titled *Voices for Change*.

In her free time, Maria raises awareness of bleeding disorders in women, girls, and those with the potential to menstruate by delivering bags filled with menstrual products and essential information to local school nurses and community health clinics. She also sets up informative displays at community events and local businesses to further spread awareness and generate support for the Foundation.

Maria's passion for the community is truly inspiring, and we are incredibly grateful for her leadership and dedication.

AWARDEES
CONTINUED



SAMANTHA SHORT

Women, Girls, and Persons with the Potential To Menstruate Initiative

Samantha's commitment to raising awareness about bleeding disorders and advancing our mission has been truly inspiring. As a dedicated volunteer and board member, she consistently goes above and beyond.

Through collaborations with organizations like the Best of the Batch Foundation, Samantha has led educational sessions on bleeding disorders in women and worked to destigmatize menstrual health discussions. One of her most significant contributions has been her outreach to educate Girl Scout troops about bleeding disorders while helping them assemble nosebleed kits for school nurses across Pennsylvania. This initiative not only spread crucial knowledge but also instilled a sense of community service in the young girls involved.

As a strong advocacy ambassador, Samantha eagerly represents our foundation at outreach events, forging valuable connections with nurses, community members, and nonprofit leaders. Her passion, initiative, and commitment have had a profound impact on both our foundation and the broader community, empowering individuals and organizations to take meaningful action.



LARRY SHORT

Heart of Gold Award

We are honored to present the Heart of Gold Award to Larry Short, an incredible volunteer whose contributions often happen behind the scenes. Larry is a true pillar of support in our community, someone we can always count on. He consistently demonstrates his dedication by arriving early to help set up for our fundraisers and staying late to ensure everything is packed away. His generosity shines through in so many ways—from lending us his trailer to transport trees to graciously allowing us to use his golf cart during our walk fundraiser.

Larry gives selflessly, without any expectations of return, and he goes above and beyond in every way, yet he never seeks recognition for his efforts. Today, we want to ensure he knows just how much we appreciate everything he does for us. His kindness and dedication make a significant impact on our organization, and we are truly grateful for his support. Thank you, Larry, for being the heart of our community!

AWARDEES
CONTINUED



STEPHANIE SHROPSHIRE

Women, Girls, and Persons with the Potential To Menstruate Initiative

Stephanie is an inspiring volunteer, board member, and advocate who is truly transforming our community. She has spearheaded numerous initiatives at local schools, uniting students and community members to assemble thousands of nosebleed kits. These kits are distributed to school nurses across Pennsylvania, raising awareness of bleeding disorders and providing essential resources to students who may be affected.

Driven by her own experiences, Stephanie is deeply committed to helping families navigate the challenges of a new diagnosis. She works tirelessly to ensure that no one faces these struggles alone, striving to make a meaningful difference in the bleeding disorders community. Through her advocacy, Stephanie is not only creating a brighter future for individuals and families affected by bleeding disorders but also empowering them with the resources and support they need to thrive.



At at 7:30 PM, all our contestants will be asked to join us for an Ugly Sweater Parade!

The winner will receive a $25 gift card from the Big Burrito Restaurant Group, good at alta via, Cashbah, Eleven, Kaya, Mad Mex, Soba, and Umi!

Despite long-standing misconceptions about bleeding disorders in women, women can and do have bleeding disorders.

According to bleeding.org, although men and women with bleeding disorders have similar symptoms, such as bleeding into joints and tissues, **women can experience added complications during menstruation, pregnancy, labor, and delivery.** Some doctors are not familiar with bleeding disorders in women, resulting in many women going undiagnosed or misdiagnosed. Women with undiagnosed and untreated bleeding disorders risk serious complications.

According to the American Journal of Preventative Medicine, as many as

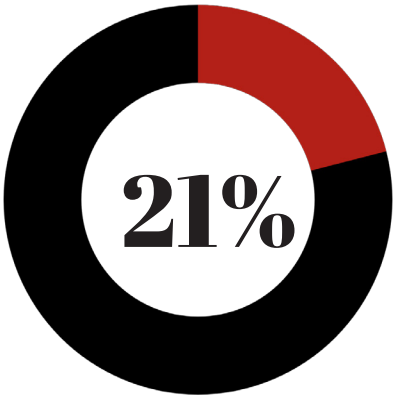
2 million women ♀

in the U.S could have an undiagnosed bleeding disorder.

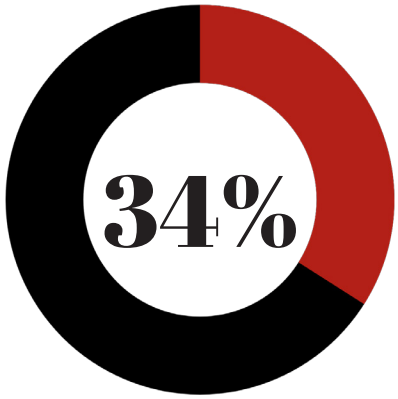
Learn more about women, girls, and people with the potential to menstruate affected by bleeding disorders at:

wpbdf.org/women-and-girls

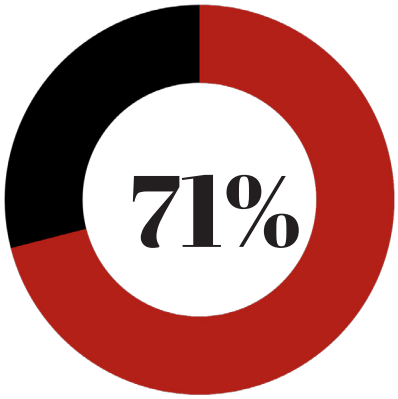
Of the women displaying at-risk symptoms for bleeding disorders,



had periods that lasted 8 days or longer



said they always or often bleed through a tampon or pad in 1 hour or less



said they always or often feel a sense of flooding or gushing

These women also reported that their period interfered with their everyday activities, particularly physical activities or sports and attendance at work or school.

2024

WOMEN, GIRLS, AND PERSONS WITH THE POTENTIAL TO MENSTRUATE AND BLEEDING DISORDERS INITIATIVE

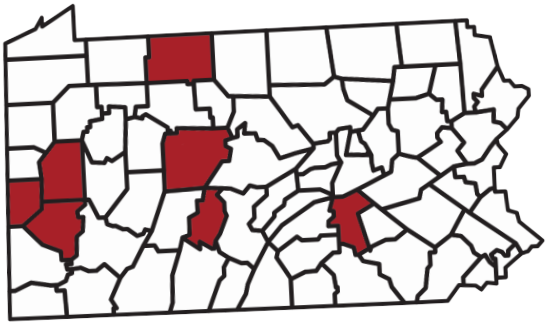
The Western Pennsylvania Bleeding Disorders Foundation's Women, Girls, and People with the Potential to Menstruate (WGPPM) Initiative is an outreach program aimed at improving diagnosis of bleeding disorders and improving the quality of life in women, girls, and people with the potential to menstruate.

WPBDF distributed period packs, nosebleed kits, and resources to school nurses in 234 school districts in Western Pennsylvania.

WPBDF distributed over 3,500 period packs to school districts, rural health clinics, university health centers, community foundations, and OB/GYNs in every county in Pennsylvania.

Since starting this initiative last year, WPBDF provided direct assistance of over $3,000 to support members facing period poverty, enabling them to purchase essential menstrual supplies.

Over the past year, we participated in 25 outreach events where we provided education about bleeding disorders at schools, community events, and universities. A standout occasion was the Pennsylvania Association of Staff Nurses and Allied Professionals conference, where we provided information and period packs to 57 schools across 36 districts in 20 counties



> **Thank you so much for the supplies our district received. That is a wonderful gift that I can share with our students. Thank you for what you are doing to make a difference.**
>
> *Amanda Tomcho, Union City Area School District*

> **I had a student with a heavy menstrual flow. Because of your packets and education, I spoke with the student's mother, the student is being seen by the OB/GYN for evaluation of a possible bleeding disorder. Your packets and educational resources are making a difference! Thank you!**
>
> *Jenny Damin, Penn Cambria School District*

Out of 36 nurses who have taken our survey so far, we know that at least

7 students

have been evaluated for a bleeding disorder and 1 has been diagnosed with a bleeding disorder.

This is a direct result of our initiative! These outcomes highlight the critical difference our initiative is making in the lives of young individuals who might otherwise go undiagnosed and untreated.

HOW CAN YOU HELP WITH OUR WGPPM INITIATIVE?

Volunteer with Us!



Community Events

If you know of any community or health fair events with booth or exhibit opportunities, please let us know! We would also greatly appreciate your support in staffing the booth or donating a few hours of your time. WPBDF and EPBDF can provide all the necessary materials, including symptom magnets, clings, informational cards and handouts linking to betteryouknow.org, Foundation brochures, event flyers, pens, swag items, and more. Your role will involve sharing information about bleeding disorder symptoms with visitors and, if you're comfortable, sharing your personal experiences.



Connections

Are you passionate about the bleeding disorders community? Do you have a relationship with your child's school nurse, your college health center, or know someone who works in a school, health clinic, or OB/GYN office? You can help make connections with these organizations to either hang magnets, clings, and flyers around their campus or building and/or allow us to provide period packs and make them available for those who may be experiencing symptoms.



Hands On

Volunteers are needed to help construct the period packs to be sent to local schools, nurses, colleges, universities, health clinics, and OB/GYNs.

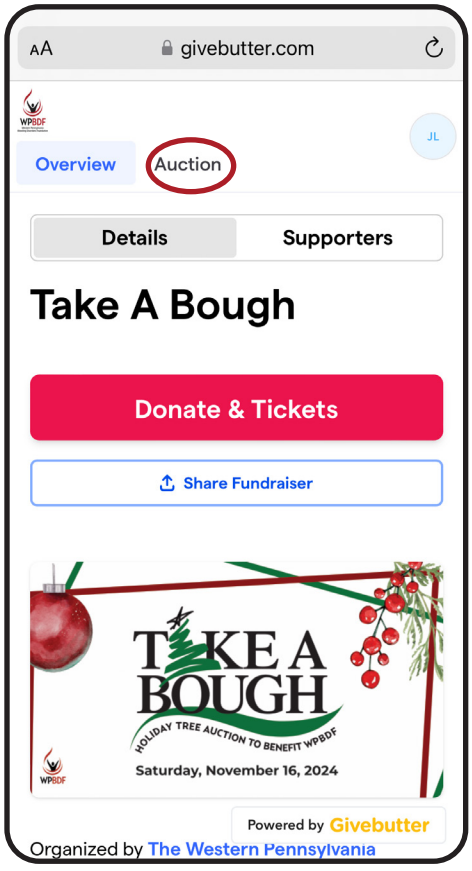
Let us know if you can help! Email us at info@wpbdf.org or call the Foundation office at 724-741-6160. Let us know if you'd like to join our volunteer email list to be notified of future opportunities to assemble period packs!

REGISTER TO BID

TAKE A BOUGH
HOLIDAY TREE AUCTION TO BENEFIT WPBDF

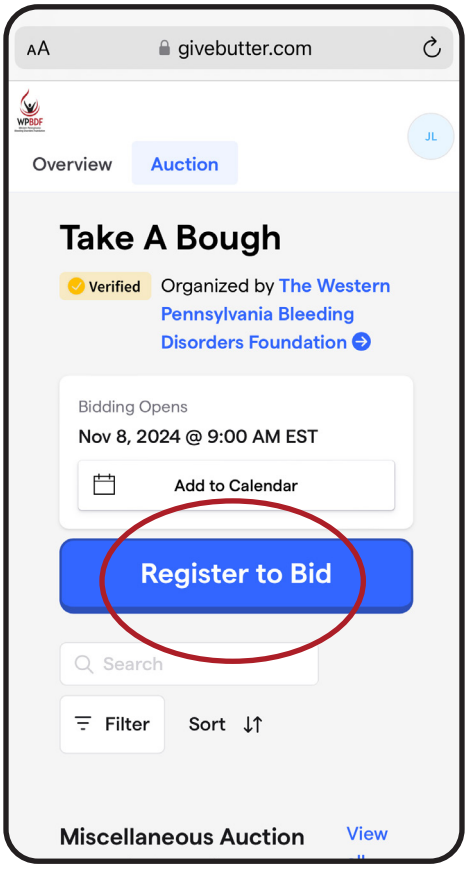
Start bidding at **bit.ly/takeabough24** or scan the QR code with your phone!

1.



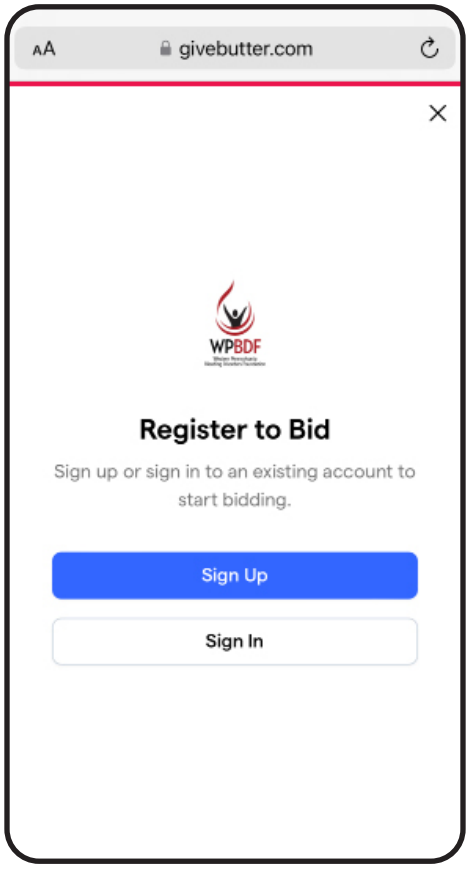
Visit the bidding website and click on the "Auction" tab.

2.



Click on "Register to Bid."

3.

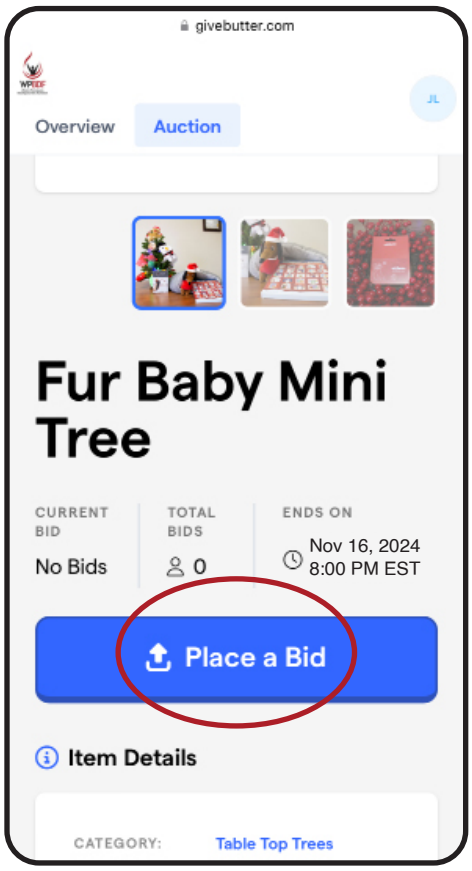


Click on "Sign In" or "Sign Up." You will need to enter your credit card information and address to successfully register.

PLACING A BID

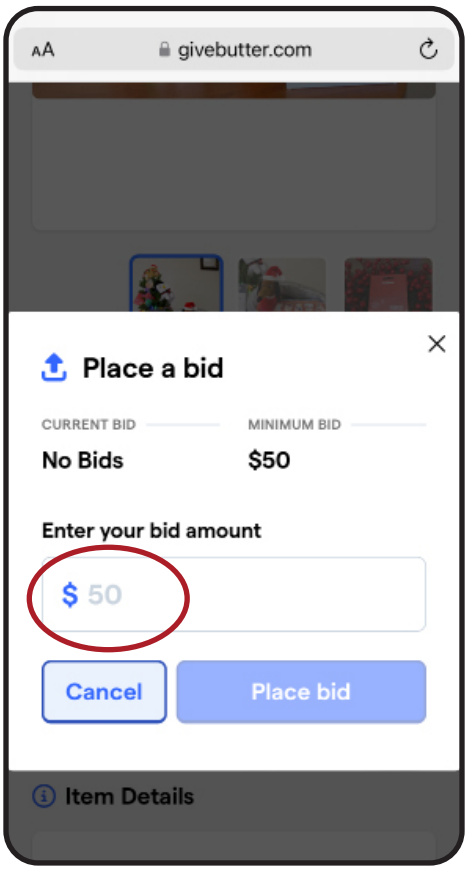
TAKE A BOUGH
HOLIDAY TREE AUCTION TO BENEFIT WPBDF

4.



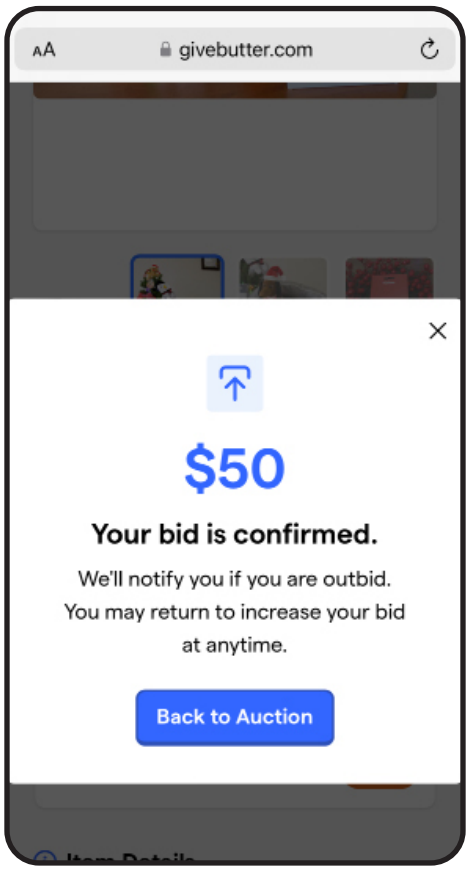
Select the item you'd like to bid on and click "Place a Bid."

5.



A pop-up will let you know what the next minimum bid is. You must bid the minimum bid or higher for your bid to be accepted.

6.



Once you confirm your bid, you will be prompted to recieve text and/or email updates when you are winning or losing an item.

The auction will automatically close at 8:00 PM. If you are winning any items, you will receive an email with a link to pay your item invoice online. If you have problems checking out online, or would prefer to pay cash, please see a WPBDF staff member at registration.

All bids are final. *Bidders agree to pay in full at the end of the auction. All items must be paid for before taking them home from the in-person event. All invoices must be paid online by Sunday, 11/17/24 at 11:59 pm. Any unpaid invoices will be automatically charged on Monday morning (11/18/24). All items can be picked up at the Foundation office, located at 775 Fourth Street, First Floor, Beaver PA 15009, beginning November 18, 2024. Contact Jessica at jessica@wpbdf.org to arrange shipping. An additional fee for shipping is required and can be paid via check or PayPal. Items not picked up by Friday, December 13 will be forfeited to WPBDF.*

THANK YOU

TO OUR SPONSORS

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Bleeding Disorders

Bleeding disorders are a group of disorders that share the inability to form a proper blood clot. They are characterized by extended bleeding after injury, surgery, trauma or menstruation. Sometimes the bleeding is spontaneous, without a known or identifiable cause. Improper clotting can be caused by defects in blood components such as platelets and/or clotting proteins, also called clotting factors. The body produces 13 clotting factors. If any of them are defective or deficient, blood clotting is affected; a mild, moderate or severe bleeding disorder can result.

Bleeding disorders can be inherited or acquired. Inherited bleeding disorders are passed down through genetics from a parent to their child. Acquired bleeding disorders can occur later in life from conditions such as anemia, cirrhosis of the liver, HIV, leukemia, and vitamin K deficiency. They also can result from certain medications that thin the blood, including aspirin, heparin, and warfarin.

Symptoms

Symptoms of a bleeding disorder include:

- Bleeding into joints, muscles and soft tissues
- Excessive bruising
- Prolonged, heavy menstrual periods
- Unexplained nosebleeds
- Extended bleeding after minor cuts, blood draws or vaccinations, minor surgery or dental procedures







WPBDF
Western Pennsylvania
Bleeding Disorders Foundation

Learn more about bleeding disorders or donate to the Western Pennsylvania Bleeding Disorders Foundation at:

WPBDF.ORG

Meet Red Fox Winery

RED FOX
Winery & Lounge

Back in the 90s, the Red Fox was the place to be for Mike and his friends. Who knew, way back then, as they danced the night away, that one day the Red Fox would be his. With the hopes of creating even more good times to add to the ones that exist from the past, we hope you savor not only our wines, but the atmosphere of the Red Fox. Enjoy and make new memories!

The Red Fox Winery offers at least eight wines at a time, from sweet seasonal wines to dry reds and whites. You will definitely find a wine that fits your liking! You can purchase our wine by the bottle or the glass and enjoy it in our new tasting room... or take in the views on our breathtaking property.

BOWLING

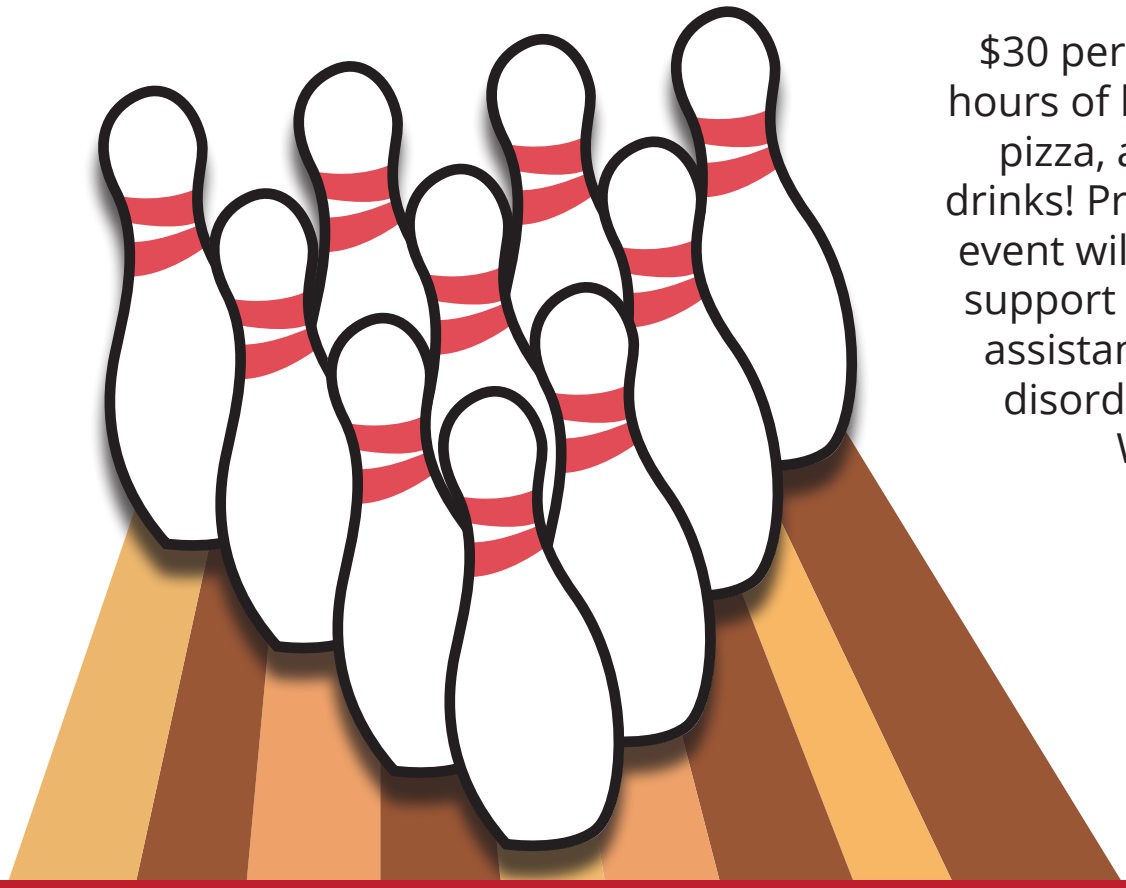
for Bleeding Disorders

A bowling fundraiser to benefit the Western Pennsylvania Bleeding Disorders Foundation!

February 16, 2025

2:00 PM - 5:00 PM

Paradise Island Bowl
7601 Grand Ave,
Pittsburgh, PA 15225



$30 per person. Includes 3 hours of bowling, shoe rental, pizza, and unlimited soft drinks! Proceeds raised at this event will provide education, support groups, and patient assistance to the bleeding disorders community of Western PA!

Scan me to register!

Get tickets at: wpbdf.org/event/bowlingforbleedingdisorders25

The proceeds raised at this event will suport the Western PA Bleeding disorders community.

PITTSBURGH PENGUINS FUNDRAISER



Support WPBDF by attending a Pittsburgh Penguins Game! See the Penguins battle the Islanders!

When: Tuesday, March 18, 2025
Game Time: 7:00 PM
Where: PPG Paints Arena
1001 Fifth Ave
Pittsburgh, PA 15219

A maximum of six (6) tickets can be purchased at a time. For larger groups, please email Derick at dwoodard@pittsburghpenguins.com.

$10 from every ticket will be donated to the Western PA Bleeding Disorders Foundation. Plus, the first 7,500 fans will receive a Penguins beach towel! You can help provide education, support groups, and patient assistance to our families and individuals in need!

Get Tickets at:
bit.ly/wpbdf-penguins

WPBDF
Western Pennsylvania Bleeding Disorders Foundation

or scan this QR code with your phone!

WPBDF
Western Pennsylvania
Bleeding Disorders Foundation

DON'T DELAY
DONATE
TODAY!

DECEMBER 3, 2024





GIVINGTUESDAY

IMPROVE THE LIVES OF THOSE AFFECTED BY BLEEDING DISORDERS.

GivingTuesday reimagines a world built upon shared humanity and generosity. **Join this global day of giving on Tuesday, December 3**, by supporting the Western Pennsylvania Bleeding Disorders Foundation. You will provide education, advocacy, and support to individuals and families affected by bleeding disorders!

SCAN THIS QR CODE TO DONATE
OR VISIT:
WWW.WPBDF.ORG/DONATE

What's so

BLOODY FUNNY?

WPBDF, in conjunction with Rolling for Ryker, presents:

Samuel Comroe



Featured on America's Got Talent!

PITTSBURGH IMPROV
166 EAST LIBERTY STREET
HOMESTEAD PA 15120

SUNDAY, FEBRUARY 2
6:30 PM

Get tickets at: bit.ly/wpbdf-comedy



TAKE A BOUGH

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CHEERS!

Thank you for attending Take A Bough!

You've made a difference in the lives of those affected by bleeding disorders. Your support will provide education, support, and patient assistance to families in need this holiday season.

Thank you!

WPBDF
Western Pennsylvania
Bleeding Disorders Foundation