

## Vaccine recommendations for Persons older than 65 years

Flu Vaccine	Yearly Anticipate strains for that year
Pneumococcal	Once Sooner if respiratory risks
Shingles (varicella)	2 doses 3-6 months apart Once in lifetime
TDAP (tetanus, diptheria, pertussis)	Every 5 years
COVID	Per recommendations
MMR (measles, mumps, rubella)	Per recommendations May be repeated based upon titers
Hepatitis B	Once May be repeated based upon titers

## Health screening 65 years >

Yearly	Blood pressure check Vision check Dental exam Alcohol screening Depression screening Lung cancer screening
Every 2 years	Breast Cancer Osteoporosis risk
Every 3 years	Diabetes Cervical cancer (1-3 years) Prostate (PSA/digital rectal exam)
Every 5 years	Cholesterol Colon cancer (1-5 years)
As needed	Hearing Test HIV/STI as indicated Hepatitis C Abdominal Aneurysm

1. <https://www.goodrx.com/health-topic/senior-health/health-screenings-ages-65-and-older>
2. [https://www.uclahealth.org/sites/default/files/documents/NewPatientGuide-PrevHealth\\_FINAL\\_091721.pdf](https://www.uclahealth.org/sites/default/files/documents/NewPatientGuide-PrevHealth_FINAL_091721.pdf)
3. <https://www.aafp.org/dam/AAFP/documents/journals/afp/USPSTFHealthCareSchedule2019.pdf>
4. <https://www.cdc.gov/chronic-disease/prevention/preventive-care.html>